

**\*\*Chris Zink DVM PhD DACVP DACVSMR CCRT CVSMT CVA**

**Presents:**

**2-DAY COACHING THE CANINE ATHLETE SEMINAR**

**July 22 & 23, 2023**

And

**\*\*1-DAY INTENSIVE PERSONALIZED STRUCTURE/GAIT ANALYSIS® CLINIC**

**July 24, 2023**

**\*\*Note: The 2-day Coaching seminar is a prerequisite for this course**

(a detailed description is given before the registration form)

Sponsored by

**Columbia Missouri Kennel Club**

**Location:** The 2-day Seminar will be held in the Trowbridge Sales Arena (1024 Ashland Rd., Columbia, MO 65201)

\*\*The 1-day Clinic will be held at CCSC (4506 Interstate 70 Drive SE, Columbia, MO 65201)

**Schedule:** All days will start at 8:30 AM and last 7+/- hours with a lunch break

**Fees** (Lunch is included)

**Saturday and Sunday**

Working Slots (Limit 50 dogs) \$250/dog

Audit only (unlimited) \$150

Personalized Clinic Monday \$100

(Limit 12 with 1 dog/handler) (Saturday and Sunday Seminar prerequisite)

**Public Service (Audit only) (may be used for CE credits)**

Vet Students and 4-H members \$50

MU Orthopedic Veterinarians \$100

**Registration opens May 1, 2023, and closes July 10, 2023**

Chris Zink: "My seminars are **highly interactive** and provide ample opportunity for working spot attendees and their dogs to participate in structure and gait analysis, to practice conditioning exercises with their dogs and to participate in jump training and exercises appropriate to targeted performance events. I alternate between lecture time and activities in which participants can work their dogs. I use high quality visual aids including Power point presentations and abundant slow-motion videos so that the participants can see how the dog's body parts work together to make the whole performance animal. There is abundant opportunity for participants to ask questions.

**Accommodations**

Best Western Plus Columbia Inn 2904 Clark Lane, Columbia, MO 65202, 573-397-6471

Drury Inn Columbia, 1000 Knipp Street, Columbia, MO 65202, 573-445-8000

LaQuinta Inn & Suites 2400 I 70 Dr. SW, Columbia, MO 65202, 563-445-1899

**Directions**

I 70 to Hwy 63 exit 128 (South) toward Jefferson City or from the South on Hwy 63: Proceed to Stadium Blvd and exit (West) toward the University of Missouri. Stadium Blvd will bring you to a long hill with traffic lights at the bottom. Go through those lights and about half-way up the next hill (0.8 mile) will be another set of lights at Ashland Road. Turn right. Follow Ashland Rd (0.6 mile) to

**Trowbridge** (1024 Ashland Rd.) on the right (a rounded pale tan brick with a dark green roof). The **Sales Arena** is the second building after entering the parking lot. (It is a rectangular pale tan brick building.)

Veterinarian on call: University of Missouri Veterinary Medical Hospital, 379 East Campus D. University of Missouri.

**Questions**

Seminar Chair: Rosemary Teel: contact at [teelr@missouri.edu](mailto:teelr@missouri.edu) or call 573-445-3437 (leave a message)

**Registration form    Return to: Rosemary Teel 8707 Nature Lane, Columbia, MO 65202**

**Or by email: [teelr@missouri.edu](mailto:teelr@missouri.edu)**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

Day: Saturday & Sunday (Coaching the Canine Athlete)

Audit only \$150 \_\_\_\_\_

Working \$250 \_\_\_\_\_

Audit plus Personalized Clinic \$250 \_\_\_\_\_

Working plus Personalized Clinic \$350 \_\_\_\_\_

Veterinary Students and 4H members \$50 \_\_\_\_\_

Orthopedic Veterinarians \$100 \_\_\_\_\_

Return form to: Rosemary Teel, 8707 Nature Lane, Columbia, MO 65202

Payment: By **Mail**: Check or Money Order made payable to CMKC

**Online** at <https://form.jotform.com/cmkcdogshow/chris-zink-seminars>

**Liability Disclaimer**

The Columbia Missouri Kennel Club (CMKC) reserves the right to accept or refuse registration for this event based on availability of space and restrictions. CMKC, Columbia Canine Sports Center and the University of Missouri (Columbia) assume no responsibility for any loss, damage or injury sustained by attendees or to any of their dogs or property. I agree to hold harmless the afore mentioned parties, members, or employees from any claim or alleged to be caused by negligence of the afore mentioned parties or by the negligence of any other person or any other cause or causes. I hereby assume the sole responsibility for and agree to indemnify and save the aforementioned parties harmless from any and all loss and expense including legal fees by reason of the liability imposed by law upon any of the aforementioned parties for damage because of bodily injuries, including death at any time resulted therefrom sustained by any person or persons, including myself or an account of damage to property arising out of or in consequence of my participation in this seminar, howsoever such injuries, death or damage to property may be caused, and whether or not the same may have been caused or may alleged to have been caused by negligence to the aforementioned parties.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Email \_\_\_\_\_

Emergency contact \_\_\_\_\_ Phone \_\_\_\_\_

**In the space below, please submit questions you would like Chris Zink to address in her talk:**

## 2-DAY COACHING THE CANINE ATHLETE SEMINAR – Topics and Demonstrations

Day 1	Lecture Topics	Demonstrations with Dogs
Beyond Conformation – Canine Structure and Its Importance for Performance	<ul style="list-style-type: none"> <li>• Introduction to the musculoskeletal system</li> <li>• Conformation myths</li> <li>• Effects of spaying/neutering on structure and health</li> <li>• Understanding your dog’s physical advantages and disadvantages for performance</li> <li>• How to evaluate your own dog’s front and rear angulation</li> <li>• Dewclaws and tails – their use in performance</li> <li>• How you can use your dog’s structure to maximize performance</li> <li>• How to pick a performance puppy</li> </ul>	All working spot dogs will have their structure analyzed in groups with help from Chris Zink
Canine Locomotion	<ul style="list-style-type: none"> <li>• Gaits (walk, trot, canter, gallop) – what they look like and how they are used in performance</li> <li>• How dog gaits differ from horse gaits</li> <li>• Pacing, crabbing – why they are not ideal gaits and how to retrain</li> <li>• How to train your dog to gait on cue so as to improve performance and reduce the risk of injuries</li> <li>• The use of ground poles for whole-body conditioning</li> </ul>	<p>Gait will be analyzed in approximately 1/3 of working spot dogs (selected by Chris Zink to cover the widest variation in gaits)</p> <p>How to train gaits will be demonstrated in detail using one dog selected by Chris Zink</p>
Conditioning the Canine Athlete for Injury Prevention (continuing on Day 2)	<ul style="list-style-type: none"> <li>• The five components of a fitness program for canine athletes</li> <li>• Appropriate ages to begin strength and conditioning exercises</li> <li>• Strength exercises that target specific areas of the body</li> <li>• How to modify intensity, frequency, duration of training during the week and season</li> <li>• Conditioning for specific muscle groups</li> </ul>	<ul style="list-style-type: none"> <li>• All working spot dogs practice strength exercises that target the core, front limbs, and rear limbs</li> <li>• All working spot dogs practice body awareness and warm up exercises</li> </ul> <p>Working participant dogs will demonstrate their own conditioning exercises for class discussion as to what muscles the exercise targets</p>
<b>Day 2</b>		
Tips and Tricks for Detecting Injuries Before Your Dog Becomes Lame	<ul style="list-style-type: none"> <li>• The importance of early recognition of injuries</li> <li>• Common causes of injuries</li> <li>• How to use simple observation tools and training sequences to test your dog’s musculoskeletal health</li> <li>• The most common injuries in canine athletes and what to do about them</li> <li>• Abundant videos will be shown in slow motion to demonstrate changes in performance that might indicate that the dog is experiencing pain or discomfort</li> </ul>	<p>Select working spot dogs will be used to demonstrate how to perform a lameness evaluation. All participants will participate in detecting which leg the dog is lame on</p> <p>All working spot participants will practice a few techniques on their dogs for early detection of lameness</p>
Jumping and Jump Training	<ul style="list-style-type: none"> <li>• Biomechanics of jumping</li> <li>• Training jumping from puppies to adults</li> <li>• Lead legs – what they are, why they are important, and how to train your dog to use them appropriately</li> <li>• Jumping problems – what causes them and how to fix them</li> </ul>	<ul style="list-style-type: none"> <li>• All participant dogs will be used to demonstrate the ABCs of jump training, from 8 weeks of age to world team agility jumpers</li> </ul>