

## Columbia Canine Sports Center Class Schedule

February 22 - April 1, 2010

*Schedule subject to change without notice*

All classes \$90 for 6 week session, \$80 per additional class in same 6 week session  
Building membership for each enrolled session of class is \$40

*Updated 2-10-2010*

Day/Time	Class	Day/Time	Class
<b>Monday</b>		<b>Wednesday</b>	
5:00-6:00	Agility Beginning Handling	4:00-5:00	Agility Foundations: Skills
6:00-6:30	Drive Training	6:00-6:30	Obedience Competition Open
6:00-7:00	Adolescent Antics	6:00-7:00	Obedience Pet Manners 1
	Really Reliable Recall	6:30-7:00	Obedience Heeling 2
	Agility Foundations: Skills		Drive Training
	K9 Conditioning	6:30-7:30	Agility Intermediate Handling
6:30-7:00	Agility Weaves		Obedience Competition Novice
6:30-7:30	Obedience Pet Manners 1	7:30-8:30	Rock Solid Stays
	Rally Obedience 1		
7:00-8:00	Agility Advanced Handling		<i>Please note there will be a human fitness class on</i>
7:30-8:30	Obedience Pet Manners 2		<i>Wednesday's at 6:00 p.m. (see below for further details)</i>
<b>Tuesday</b>		<b>Thursday</b>	
9:00-10:00 a.m.	Obedience Pet Manners 1	6:00-6:30	Competition Obedience: Teamwork
10:00-11:00 a.m.	Obedience Pet Manners 2	6:00-7:00	Puppy Kindergarten
	Agility Foundations: Skills	6:30-7:00	Obedience Focused Attention
5:30-6:00	Drive Class <i>(flexible schedule)</i>	6:30-7:30	Agility Contacts & Obstacles
	Draft Class <i>(flexible schedule)</i>		AKC S.T.A.R. Puppy
6:00-7:00	Agility Jump 1 & 2		Obedience Pet Manners 1
	Obedience Pet Manners 1	6:45-7:15	K9 Self Control
	APDT Rally - Levels 1/2	7:00-7:30	Obedience Heeling 1
6:30-7:30	Agility Foundations: Skills	7:00-8:00	Agility Jump 3
	Puppy Kindergarten		Obedience Pet Manners 2
7:00-7:30	Clicker Training: Intro	7:30-8:30	Competition Obedience: Utility
7:00-8:00	Agility Beginning Handling		
	Conformation Handling-Beginning		Specialty classes that can be scheduled:
7:30-8:30	Agility Foundations: Teamwork		AKC C.G.C.
	APDT Rally - Level 3		Rescue Rehab
8:00-9:00 *	Conformation Handling-Intermediate/Advanced		Leashing Walking

\* Note that if the Beginning Conformation class doesn't make minimum enrollment, the Interim/Adv Class will be held at 7:30

*CCSC is a safe, lighted place to walk your dog when it's dark outside. Contact for more details.*

Please note: New **human fitness class** has been added to the February session!

Class: Strength and Fitness

Instructor: Johnna Leake, Certified Personal Trainer with Activities & Recreation Center (ARC)

Wednesday's 6:00-7:00 p.m., starting February 24<sup>th</sup>

Minimum class size: 6

Maximum class size: 10

Cost: \$90

Prerequisites: None

Tired of puffing around the ring trying to keep up with your dog? Want to be able to get where you need to on an agility course when you need to get there? Want to be able to move out smoothly with your dog in the breed and Obedience rings? This fitness class will emphasize the physical skills needed to excel in any dog sport. Balance, strength, and increase in aerobic capacity will be emphasized. The class will be tailored to fit the students. Couch potatoes and fitness mavens all welcome! (before attempting any kind of physical fitness class, consult your physician).